

AUGUST 2021

BREAKFAST



School Information:

WELCOME BACK TO SCHOOL!!!



August 24 is National Waffle Day! You can make waffles a part of any meal. Classic waffles with syrup for breakfast, a waffle sandwich for lunch or chicken and waffles for dinner. Celebrate waffle day all day long!



MONDAY

2

TUESDAY

National Watermelon Day

3

WEDNESDAY

4

THURSDAY

National Root Beer Float Day

5

FRIDAY

6

CINNAMON ROLL
Applesauce
Raisins
Milk

9

YOGURT PARFAIT
Grapes
milk

10

EGG AND CHEESE
BISCUIT
Grapes
Milk

11

BREAKFAST PIZZA
Mandarin orange cup
milk

12

WHOLE GRAIN
POPTART
Apple
Cheese stick
milk

13

CHEESE OMELET
Pineapple tidbits
Graham cracker
milk

16

SAUSAGE BISCUIT
Craisins
milk

17

CEREAL CUP
Banana
Yogurt
milk

18

FRENCH TOAST STICKS
WITH SAUSAGE PATTY
raisins
Milk

19

MUFFIN
Applesauce
milk

20

ZEE ZEE BAR
Mandarin orange cup
Milk

23

BISCUIT WITH JELLY
banana
Milk

24

CHICKEN BISCUIT
Fruit cocktail
milk

25

MINI PANCAKES
Applesauce
Milk

26

SAUSAGE PANCAKE ON
A STICK
Orange juice
Raisins
milk

27

CINNAMON ROLL
Applesauce
Raisins
Milk

30

YOGURT PARFAIT
Grapes
milk

31



AUGUST 2021

Type Your School Name Here

LUNCH



Additional daily entrees:
Chef salad
PBJ



August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!

Reference: USDA MyPlate

MONDAY

2

TUESDAY

3

WEDNESDAY

4

THURSDAY

5

FRIDAY

6

PEPPERONI PIZZA
Cucumber coins
Peach cup
milk

9

CHEESEBURGER
Cherry tomatoes
Tater tots
Strawberries
milk

10

TERIYAKI CHICKEN
WITH RICE
Steamed broccoli
Apple slices
Milk

11

HOT DOG
Baked beans
Frozen juice cup
milk

12

MOZZARELLA CHEESE
STICKS WITH MARINARA
Green pepper slices
Tropical fruit salad

13

CHICKEN PATTY ON A BUN
Buffalo cauliflower
Applesauce
milk

16

TACO SALAD
Black beans with salsa
Orange wedges
milk

17

MACARONI AND CHEESE
Green beans
Fresh pear
milk

18

ITALIAN SUB SANDWICH
Cherry tomatoes
Fresh pineapple
Sun chips
milk

19

LOADED NACHOS
Carrot sticks
Frozen juice cup
milk

20

BBQ RIB PATTY SANDWICH
Cherry tomatoes
Coleslaw
Grapes
Milk

23

CARNITAS
Refried beans
Apple
Milk

24

SPAGHETTI WITH MEATBALL
AND GARLIC BREAD
Salad mix
Mixed fruit cup
Milk

25

CHICKEN DRUMSTICK WITH
ROLL
Green beans
Apple
milk

26

BEEF AND CHEESE BURRITO
Broccoli with ranch
Banana
Milk

27

PEPPERONI PIZZA
Cucumber coins
Peach cup
milk

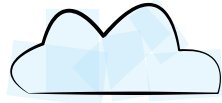
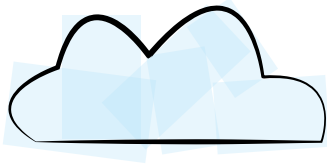
30

CHEESEBURGER
Cherry tomatoes
Tater tots
Strawberries
milk

31



This institution is an equal opportunity provider.



August

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 DINNER MENU	2	3	4	5	6	7 This employer is an equal opportunity provider
8	9 chicken soft taco cucumber coins kiwi milk	10 baked potato w/cheese broccoli watermelon milk	11 pulled pork cauliflower with ranch clementine milk	12 grilled cheese mini peppers honeydew milk	13 chicken tenders sugar snap peas apple milk	14
15	16 french toast w/sausage hashbrown clementine milk	17 lasagna roll up mini peppers strawberries milk	18 ham and cheese sandwich sugar snap peas grapes and milk	19 hamburger corn on the cob watermelon milk	20 cheese pizza celery sticks w/pb grapes milk	21
22	23 chicken quesadilla black beans and salsa cantaloupe milk	24 corn dog carrot sticks with ranch banana and milk	25 mandarin orange chicken fresh broccoli apple and milk	26 bosco cheese sticks spinach salad strawberries milk	27 uncrustable PBJ garden salad banana	28
29	30 chicken soft taco cucumber coins kiwi milk	31 baked potato w/cheese broccoli watermelon milk	1	2	3	4